



FACT SHEET

ORIGIN of the Fountain of Life



Norwegian Spruce Tree

- Grown in Northern Finland,
- Almost disease & pestilence-free
- Evolved in the harshest of conditions
- Highest source of lignans from nature
- Knotwood & stemwood that are used to develop the extract is a by product of the pulp and paper industry



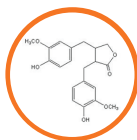
LIGNANS - Powerful Antioxidants

Antioxidant & Anti-inflammatory

Lignans are **plant antioxidants** found in the cell walls of many grains, vegetables, nuts & fruits.

Plant lignans must be converted in the human body to enterodiol or enterolactone for us to be able to utilize it.

The predominant lignan in Fountain of Life (FOL) is quickly **absorbed** in to our blood stream and converted in the plasma.



Dietary Lignan



Flaxseed

There is **no impact** on potassium levels with Fountain of Life.

FOL has about **17 times more** lignans than flaxseed, in the same volume of material but with a much higher bio-availability.

The daily dosage of FOL is dependent upon the user's **body weight**. The general rule is to add **1 drop per every 10 kg (22 lb)** of body weight. To lower body weight, please take a **minimum of 30 drops once per day**.

TESTING - Analysis Before Release

Every batch of Fountain of Life goes through two **analysis** before it is released. It must undergo a quality control measuring the lignans, trace elements, and appearance of the extract. This testing uses liquid gas chromatography to measure the lignan content.



Once bottled, it is tested for microbes, pH and other metrics to ensure that it meets **Health Canada standards of safety**.

Fountain of Life cannot be released unless it meets these requirements as established by Health Canada. The measurement of microbes is stringent to ensure that contamination has not occurred and that it is safe for consumption.

NATURAL Health Product of Canada

Since its introduction over **150,000 people** have used Fountain of Life in over **100 countries** with no reported incidences.

Incredibly safe, there is **NO** toxicity level established.

The extract in Fountain of Life has been used topically to **neutralize free radicals** in areas of the world with **high exposure to UV radiation**.

The extract in Fountain of Life used in the hair has shown **improvement in the texture and health of hair**.

The lignan 7-hydroxymatairesinol is undergoing study and the results ranging from **cholesterol management**, weight loss, insulin resistance to impacting cancer are only the beginning of this research.

FOL is a **functional food** and **NOT a drug** as it replaces the lignans that have been processed out of our diets.

Fountain of Life is a registered natural health product with Health Canada. The NPN# is 80084596.



100% Natural



Alcohol-Free



Vegan



GMO Free



Gluten Free



Non Toxic



Made in Canada

THE EXCIPIENT in Fountain of Life

The excipient in Fountain of life is trimethylene glycol. This is derived from non-GMO corn. Its sugar and alcohol FREE and is used in many food products. Its certifications include:



Natural Products Association (NPA) | USDA Bio Preferred Program - 100% Bio-based | Natural Health Products Ingredient - Health Canada | Complies with ISO 16128-1:2016 | EPA Design for the Environment (DfE) | GRAS | Halal | Kosher | USP-NF | USP-FCC | FEMA #4753

WEIGHT LOSS STUDY

In 2018, a study on the 7-HMR lignan illustrated its importance in a diet. **Insulin resistance lowered, fat metabolism increased** while **lower cholesterol levels** led to lower subject weights.

This demonstrates that as a functional food, Fountain of Life can replace the lost lignans no longer in many food sources and provide use with **significant benefits to our well-being**. To lower body weight, please take a **minimum of 30 drops once per day**.

OTHER BENEFITS OF LIGNANS



Defend Against Dementia



Improve Hair Health



Protect Heart Health



Support Immune System



Decrease Colon Cancer Risk



Protect Prostate Health



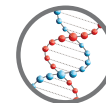
Reduce Breast Cancer Risk



Lower Chronic Inflammation



Reduce Hot Flashes



Protect DNA



Support Pet's Well-being



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